



Directions to the AMTA-NY Chapter Office

**Located at
90 State Street, Suite 1009
Albany, N.Y. 12207
(518) 694-8379**

From the South

Take the NYS Thruway to Exit 23.

From Exit 23, take I-787 North to Empire State Plaza Exit

Stay to the right and take the Swan Street Exit.

Proceed to the first traffic light and take a right onto State Street.

You can now either:

- At first intersection, take right onto Eagle Street and then first left onto Howard Street.
- Go down to the light and take right onto Lodge Street.
- You will see a small, gravel parking lot on your right. If there is space, you may park there.

or

- Proceed down State Street. 90 State Street (old National Savings Bank Building) will be on your right. Park on street.

From the North

Take the Northway I-87 South to Albany.

Take I-90 East to I-787 South.

Take Empire State Plaza Exit, then proceed as above.

From the East

Take I-90 West to Albany.

Take I-787 South

Take Empire State Plaza Exit, then proceed as above.

From the West

Take NYS Thruway to Exit 24.

From Exit 24, take I-90 East to Albany.

Take I-787 South to the Empire State Plaza Exit, and proceed as above.

or

Take NYS Thruway to Exit 23 and proceed following the directions from the South.